

Nappy changing, toileting and washing of sick/soiled children

Criteria HS3

Nappy changing

RATIONALE: Nappy changes are an important part of children learning about their body and the self-regulation process. At the centre nappy changes are respected as meaningful learning experiences where children are empowered to participate in their own routines. Time and attention is invested in these care moments to ensure that they are a peaceful experience for children and adults. At all times children will be treated with dignity and respect and we will ensure that safe and hygienic practices are adhered to.

PROCEDURES

- There is a designated space with a nappy changing table for this care routine to happen. This area has been designed to foster children's independence and well-being as well as supporting kaiako backs as lifting children is reduced.
- children will be checked at regular intervals for nappy changing and changed otherwise before their lunch and after sleep and as necessary
- parents are to provide nappies for their own child/ren
- Nappy change spaces are visible and monitored by permanent kaiako.
- Students and relievers will be not be permitted to change nappies
- A **nappy changing procedure** will be displayed in all nappy changing areas outlining the health and hygiene guidelines.
- We use wipes for cleaning children's bodies.
- do not leave child unattended when changing nappies keep a hand on child at all times
- All **nappy changes will be recorded** in the nappy changing chart which parents can readily access.
- Children will be supported in washing their hands after each nappy change.
- Adults will wash their hands following the hand washing guidelines before and after each nappy changes.
- If clothes are soiled, rinse them in laundry and then put in a (double) plastic bag or wet bag, place in laundry to await collection by parent (not in child's)

bag) to be taken home by the child's caregivers, or parents. Clean out sink with bleach solution & paper towels.

- a paper towel will be used on nappy change table between nappy changing and discarded after use. After each nappy change the table will be wiped down with a bleach solution 0.1% and sprayed with water and sprayed with 0.5% hydrochloride solution at the end of the day
- Disposable gloves will be made available for adults to use during nappy changes.
- All used disposable nappies are kept in a contained bin and emptied at the end of the day or earlier if necessary
- When nappy changes take place, there will only be one primary caregiver in the bathroom supporting these changes at a time. This is to maintain privacy of tamariki, optimum supervision and ratios.
- Nappy creams are to be used on request of the parents or caregivers. This needs to be documented on the nappy change/toileting chart.

Toileting

Employees will be aware of children's individual needs and stages of toileting and in turn, support and provide the care that is required for the children's wellbeing.

Procedure:

- We are of the understanding that some of the children in our centre will be toilet learning, and will be asked to come to The Bee Hive in underwear. These tamariki will be supported and kaiako will provide opportunities for them to use the toilet, regularly. Kaiako will communicate with whānau if their child has shown interest or used the toilet throughout the day.
- Kaiako will communicate with parents about how toileting is going at home and at Centre.
- Tamariki emotional, physical and cognitive development will be respected, during the toilet learning process and appropriate strategies will be employed to support this learning. There will be no pressure involved at all, as there is no rush for any child to learn how to toilet themselves. It is a process whereby

the child needs to not only know when they have wet or soiled themselves, but also what it feels like before they need to go to the toilet and this takes time.

- Kaiako will talk with tamariki about the toilet learning process, using language that promotes body awareness and how to take care of themselves. This includes offering children appropriate advice and hygiene support.
- All tamariki are encouraged to use toilet paper to clean themselves, after they have been to the toilet. Tamariki should also be expected to flush the toilet after use.
- The process of washing and drying of hands is shown to each individual child and help is given, when needed.
- Parents are asked to bring 3-4 changes of clothes for their child.
- The bathroom must be checked by kaiako at regular intervals, to ensure that it is kept clean and tidy.
- The cavity slider door can be closed by children to ensure their privacy is maintained (a safety door donut will be placed on door to ensure no entrapment of fingers).

Washing, sick or soiled children

Rationale: To ensure that tamariki have their personal hygiene maintained and hygiene procedures are upheld when washing tamariki who have been sick or soiled.

Procedure:

- Hands will be washed and sanitised before and after dealing with any sick or soiled tamariki to avoid any cross contamination.
- Gloves will be worn when dealing with any tamariki who have been sick or soiled.
- Paper towels or newspaper will be placed down on the floor if required in order to place a barrier between surfaces and the child, if soiled.
- The tamaiti will be cleaned down with a disposable cloth or if necessary in the bathroom shower. We will endeavor to maintain privacy for that tamaiti by keeping the door closed and having a second staff member for support if needed. They will be dried with a towel and changed quickly into a clean set of clothes.
- Kaiako will ensure tamariki feel safe and are reassured at all times.
- Any towels will be put through a separate hot wash and disposable items will be

disposed of in the nappy bin or wrapped and placed in the bathroom rubbish out of reach of tamariki.

- All soiled surfaces or possible contaminated surfaces will be wiped down with a bleach spray and paper towels and disposed of in the nappy bin.
- Before use, the shub/shower will be sanitised with bleach spray and rinsed well with water, then filled with warm water. Gloves will be worn by staff bathing and disposable wet wipes will be used to clean the tamaiti if necessary. A clean towel will be used to dry the tamaiti before dressing in clean clothes.
- After use, the shub/shower will be cleaned with hot soapy water and then sanitised with bleach spray and rinsed with water.
- All soiled rubbish will be disposed of in the nappy bin.
- Soiled clothing will be double bagged and placed in laundry for collection by parents.

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